



skinXcell

POST-TREATMENT SUGGESTIONS:

- Use a clean pillowcase
- Use hydrating and anti-inflammatory skincare
- Avoid touching skin directly after treatment
- Avoid non-mineral makeup for 24 hours
- Avoid swimming, hot tubs, saunas and active exercise for 48 hours
- Consider the environment. Hot, humid conditions can contribute to excess inflammation
- Avoid shaving area for 24-48 hours
- Avoid heat or steam (hot showers)
- Face masks should be disposed of and not reused
- Do not pick flaky skin
- Drink plenty of water

If you have any questions or concerns regarding treatment, do not hesitate to contact your practitioner.



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Pre & Post-Treatment Instructions





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skinXcell is a clinically proven, advanced technology which creates a permanent improvement in skin health, function and appearance. To ensure you achieve the best results, here is a guide to help you prepare for your treatment and understand what to expect afterwards.

PREPARING FOR YOUR TREATMENT

PRE-TREATMENT INSTRUCTIONS:

- Apply anti-viral cream if prone to cold sores
- If you have active acne in the area of treatment please reschedule your appointment
- Stop using “active” skincare (i.e. AHA, BHA, Retinol (Vitamin A) at least 3 days prior to treatment
- Avoid direct sun exposure, sunbeds and self-tanning products for at least 3 days prior to treatment. Procedure will be cancelled if you are sunburnt
- Excessive facial hair, beards and moustaches need to be clean shaven prior to day of treatment

If you have any questions, do not hesitate to speak to your practitioner.

POST-TREATMENT CARE:

- No exercise or strenuous activity that will cause sweating
- Use SPF daily, a minimum factor 30
- Keep skin dry for 24 hours and avoid scratching
- No swimming for 24 hours
- Avoid direct sunlight for 7 days after treatment and no sunbeds during your skinXcell course
- Avoid active skincare for 7 days after treatment
- Do not apply self- tan or have a spray tan for 2-3 weeks post treatment

POST-TREATMENT INFORMATION:

Up to 24 hours: You will possibly experience erythema and mild swelling.

2-3 days: Reduced erythema, skin may feel tight with minor skin dryness and flaking.

4-5 days: Potential dryness, do not pick or exfoliate the skin.

6-7 days: Skin should have fully recovered.

4-6 weeks: Improvement in collagen health visible.